



FREEDOM

PHYSIOTHERAPY

WHO ARE WE?

We are a progressive physiotherapy clinic located in the heart of Fort St. John, BC, just steps away from 100th Street and 100th Avenue! We aim to provide the best physiotherapy and strength and conditioning services in the region through research, movement, and load! We look to coach, teach, and guide our clients along the path to helping themselves!

OUR STAFF

- Bryce Kelly, DPT (Physiotherapist)
- Anton Ponomarenko, MPT (Physiotherapist)
- Mike van Nostrand, BHK (Kinesiologist)
- Norah Vogan, MSc, CSEP-CEP (Exercise Physiologist)
- Michelle Hofstrand, MSc, CCC-SLP (Speech Therapist)
- Heather Best, MC, RCC (Clinical Counsellor)

OUR SERVICES

- Physiotherapy and Active Rehabilitation
- Strength and Conditioning
- Take-Home Programming
- Special Population and Chronic Disease Exercise Programs
- Functional Capacity Evaluations
- Functional Dry Needling, Shockwave Therapy, Ultrasound Therapy, and TENS
- Custom Orthotics and Brace/Support Fitting
- Speech Therapy (*Book Privately Through Freedom of Speech Therapy*)
- Clinical Counselling (*Book Privately Through Trua Wellness*)

FIND US!

10031 100th Street
Fort St. John, BC V1J 3Y5

Phone: 250-785-1304

Fax: 250-785-1304

Email:

clinic@freedomphysiotherapy.ca

Website:

www.freedomphysiotherapy.ca

Facebook: Freedom Physiotherapy

Instagram: @freedomphysiofsj

DIRECT BILLING (if applicable) to the following: Alberta Blue Cross, Alberta WCB, Autism Funding Branch, Canada Life, Canadian Benefit Providers, Chambers of Commerce Group Insurance, CINUP, ClaimSecure, Co-Operators, Cowan, Desjardins, Equitable Life, First Canadian, Global TotalCare Inc., Green Shield Canada, GroupHEALTH, GroupSource, Heritage Christian Online School, ICBC, Industrial Alliance, Johnson Inc., Johnston Group Inc., Manion, Manulife, Maximum Benefit, Medavie Blue Cross, MSP, Northern Health, Pacific Blue Cross, RWAM, SSQ, Sun Life, Telus AdjudiCare, and WSBC.



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FEES

Physiotherapy Initial Assessment: \$100

Physiotherapy Follow-Up Visit: \$80

Physiotherapy Extended Follow-Up Visit: \$100

Strength and Conditioning Assessment: \$85

Strength and Conditioning Session: \$55

Custom Orthotics: \$450; 2nd Pair: \$300

FIRST TIME BOOKING? ASK US WHICH APPOINTMENT IS RIGHT FOR YOU!

DO YOU HAVE BENEFITS? ASK US HOW/IF WE CAN DIRECT BILL FOR YOU!

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